



Clearmeadow P.S.

November Character Trait: Honesty

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CALENDAR

Nov. 16 Day 3	2020 Grade 8 Virtual Graduation Ceremony 7pm
Nov. 17 Day 4	
Nov. 18 Day 5	
Nov. 19 Day 1	Kindergarten Initial Observations and Gr. 1-8 Progress Reports Go Home
Nov. 20 Day 2	
Upcoming Dates	
Nov. 24	School Council Virtual Meeting @6:30pm
Dec. 1	Grade 3 Gifted Screening @ Clearmeadow

PHOTO GALLERY



Grade 3s Learn about Van Gogh's Starry Night!

AT A GLANCE INFORMATION

School Technology Return: For all of our families that borrowed school technology last spring for distance learning, we are asking those families to return that technology back to the school as soon as possible. Students can bring the technology with them to school (including the charging cord), pass onto their teacher where the return will be logged by our Field Technology Analyst and properly cleaned, repaired and disinfected before returning to classroom use. We thank you for your assistance with this matter.

Reminder: This is just a reminder to parents that due to our strict health and safety protocols we cannot accept drop offs during the school day. This includes lunches, shoes, water bottles etc. As well, parents should not be on school property during our outdoor recess times when children are in the yard. If you require assistance, please come to the front door only. We thank you for your cooperation and support as we work together to keep our staff and students safe.

Secondary School Virtual Open Houses: Transitioning to secondary school is an exciting time, and you may have many questions about what to expect. While secondary schools are unable to host in-person open houses this year, students and families are invited to virtually visit our secondary schools. Learn more about transitioning to secondary school, what to expect in Grade 9 and get to know the school.

Information will be posted on each school's website or check the [Board website for information night dates and additional information](#). You can also visit www.yrdsb.ca/students for information about secondary school programs, course selection and more.



HURON ARTS INFORMATION

 **COMING SOON**
SECONDARY *Arts* SCHOOL INFORMATION NIGHTS

YRDSB OFFERS REGIONAL ARTS SCHOOLS FOR SECONDARY STUDENTS WHO ARE COMMITTED TO ACHIEVING EXCELLENCE IN THE ARTS

Drama
Music
Dance
Visual art

PLEASE VISIT YOUR REGIONAL ARTS' PAGE FOR MORE INFORMATION ON PROGRAMS, INFORMATION NIGHTS AND HOW TO APPLY

 ARTS MACKENZIE Alexander Mackenzie HS Thursday Nov. 5th	 ARTS HURON Huron Heights SS Thursday Nov. 5th	 ARTS UNIONVILLE Unionville HS Tuesday Nov. 3rd	 ARTS WESTMOUNT Westmount CI Thursday Nov. 5th
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REMINDER applications open November 9th, due December 1st

BILL CROTHERS INFORMATION

BILL CROTHERS SECONDARY SCHOOL
FOR SPORT, AND HEALTHY, ACTIVE LIVING

EXPLORE
COMMIT
CONNECT
COLLABORATE
LEAD

IMPORTANT DATES FOR 2021 / 2022 APPLICANTS

November 18 : New Student Information Released Online at www.BillCrothers.com
November 19 : Online applications are officially open
December 6 : All 2021-22 applications are due

BLACK FOUNDATION OF COMMUNITY NETWORKS



Black Foundation of Community Networks
info@bfcn.ca | 416-566-2731

Friday Focus Parent Forum A Monthly Workshop Series for Black Parents

WORKSHOP #1: I AM FOCUSED

A workshop on scheduling tools and techniques
to help you and your family get focused and
ready for success!

Friday, November 13
7 PM - 9 PM
Online (Zoom)

Register at bit.ly/BFCNWorkshopNovember13

PARENTS FOR CHILDREN'S MENTAL HEALTH



Parents for Children's
Mental Health
SUPPORT. EDUCATE. EMPOWER.

Monday, November 16th, 2020 6:30 pm - 8 pm

PARENTS' Support Group-All are welcome!

VIRTUAL MEETING

Topic: Anxiety in COVID times with Guest Speaker

**Does your child's anxiety, ADHD, mood disorders, learning disability, or
behaviour challenges make parenting difficult? Join us...**

Aurora York PCMH Chapter Meeting
Mon, Nov 16, 2020 6:30 PM - 8:00 PM (EST)

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/264461077>

You can also dial in using your phone.

Canada: +1 (647) 497-9373

Access Code: 264-461-077

New to GoToMeeting? Get the app now and be ready when your first meeting starts:
<https://global.gotomeeting.com/install/264461077>

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.

Next Meeting: Monday, December 14, 2020 6:30 pm - 8 pm. (Flyer will be sent out late November.)



Webinars

November/December 2020

If you are receiving services from York Hills, please connect with your clinical worker to register for one of the workshops.



Register at www.yorkhillscentre.eventbrite.com or scan the barcode!

BeYOUTiful—SUPPORTING POSITIVE BODY IMAGE IN CHILDREN AND YOUTH
(Alyssa Fallone and Nathalie Gonsalves—Community Outreach)

Did you know – Over 50% of teen girls and 30% of teen boys use unhealthy weight control behaviours such as skipping meals, fasting, smoking cigarettes, vomiting, and taking laxatives?

We live in a world that has an opinion on everything we do – what hairstyle we have, how we should dress, what size we should be. The list is endless. These pressures can impact how we view ourselves and how we interact with the world. As parents and caregivers, how do we help our children navigate these pressures? This webinar provides an introduction to understanding body image. We will explore compliments and criticisms, media impact and cultural differences, as well as techniques to help build confidence and boost self-esteem in children and youth.

Thursday
November 26, 2020
6:30 PM — 8:30 PM
Zoom Webinar

UNDERSTANDING THE BRAIN AND BEHAVIOUR DEVELOPMENT IN CHILDREN WITH AUTISM SPECTRUM DISORDER (Neil Walker - Compass Manager)

This webinar will assist in understanding the brain development of children with Autism Spectrum Disorder, and will explain the cause of behaviours commonly experienced. Participants will learn strategies that can be used to support and manage the challenges that children with ASD often face.

Wednesday
December 2, 2020
6:30 PM — 8:30 PM
Zoom Webinar

UNDERSTANDING AND MANAGING CHALLENGING BEHAVIOURS
(Angie Chan and Vanessa Suarez - Child and Family Therapists)

Understanding challenging behaviours and where they stem from is the first step to being able to better manage them. This workshop will focus on how behaviours function in a child's brain and will explore the use of tools within the parent/child relationship to manage challenging behaviours.

Monday
December 7, 2020
6:30 PM — 8:30 PM
Zoom Webinar

Visit our [website](#) for new events, webinars and information!

FOLLOW us on Facebook, Instagram, Twitter and Eventbrite for the latest!

